

Mango Mania



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Mango Mania (English)

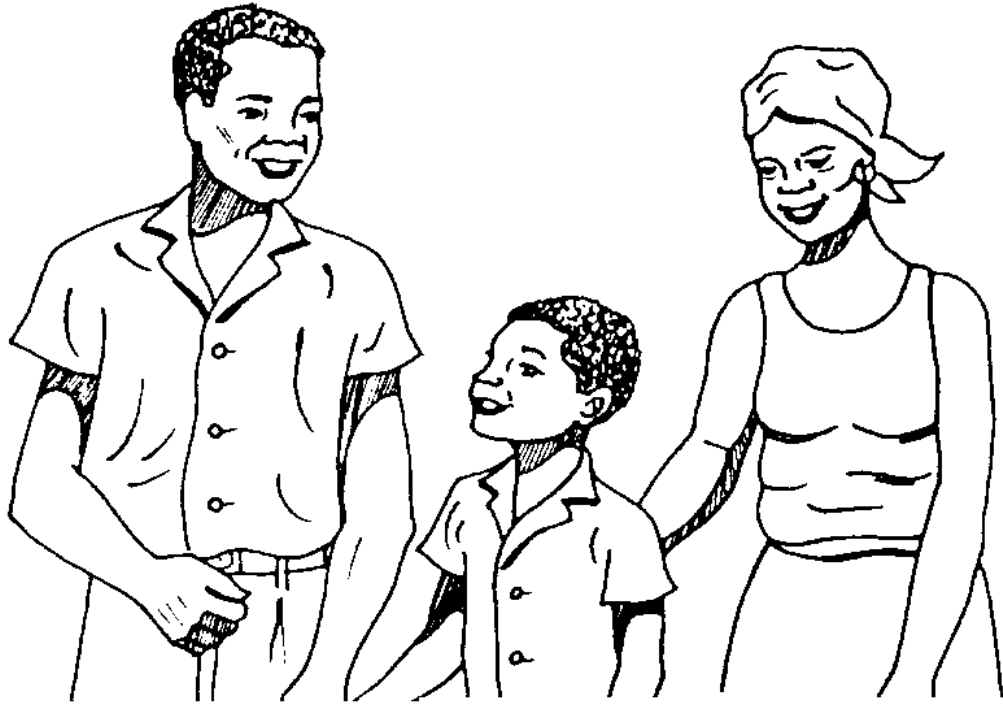
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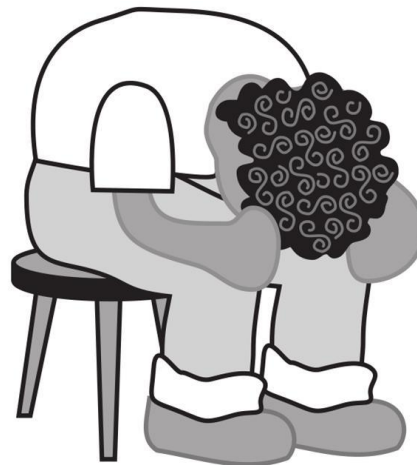
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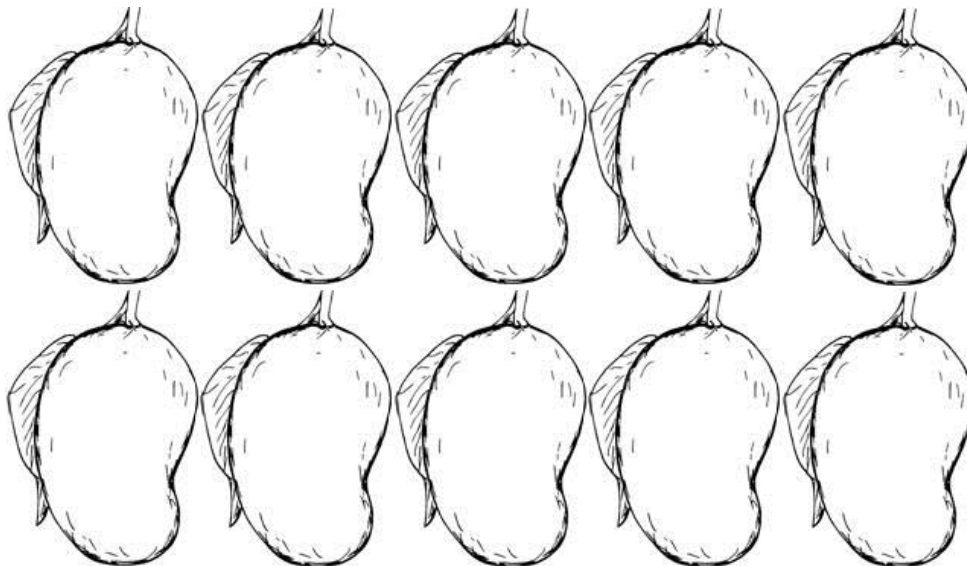
Once upon a time there was a boy named Bello who lived with his parents.

One night at dinner, Bello complained of a bellyache.

His mother asked,
“What did you
eat today, Bello?”



Bello replied, “Mother, I ate ten
mangoes at once, and now my belly
hurts.”



His mother said, “Ten mangoes! Bello, why did you eat ten mangoes at once?”

Bello replied, “When I tasted the first one, it was so sweet that I wanted another.

Then I tasted the second one, and it was sweet too!



Finally, they were all so sweet that I just could not stop eating them!”

Bello’s father said, “Eat your



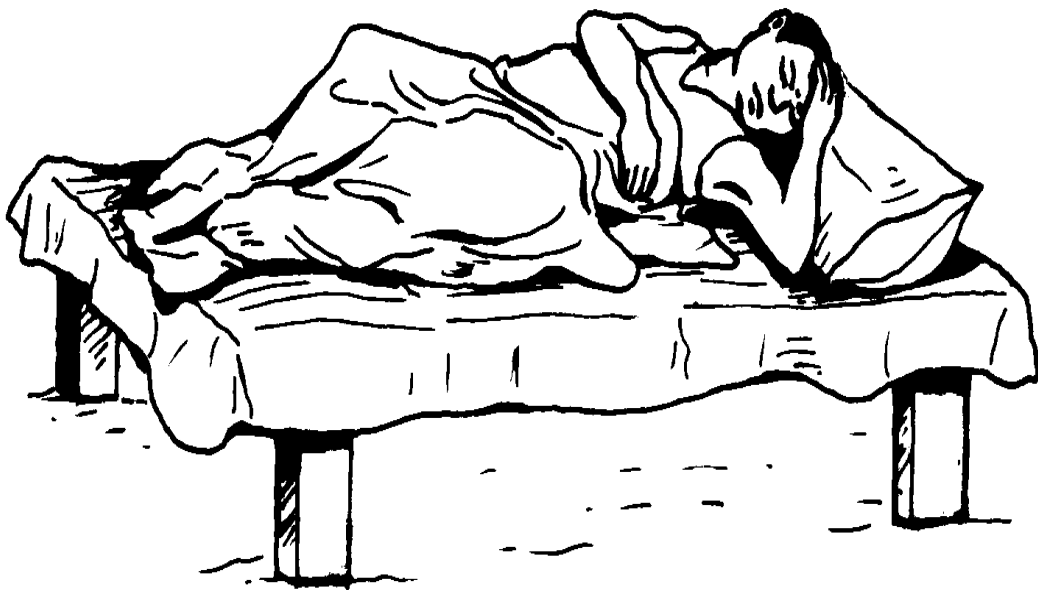
dinner and take a bath. Then you will feel better, my son.”

Bello was sad. He couldn’t eat his dinner, even though it smelled delicious.

He couldn't take a bath either.

His belly hurt too much.

So Bello just kissed his parents
goodnight and went to bed.



But Bello could not sleep. He woke his parents in the middle of the night and said, “My belly still hurts.”

Bello’s parents were worried and said, “Let’s go to the hospital.”

At the hospital, the doctor examined Bello and asked, “What’s wrong, son?”



Bello replied, “I ate ten mangoes at once, and now my belly hurts.”

The doctor said, “Ten mangoes! Why did you eat ten mangoes at once?”

Bello replied, “The mangoes were so sweet that I just could not stop eating them!”

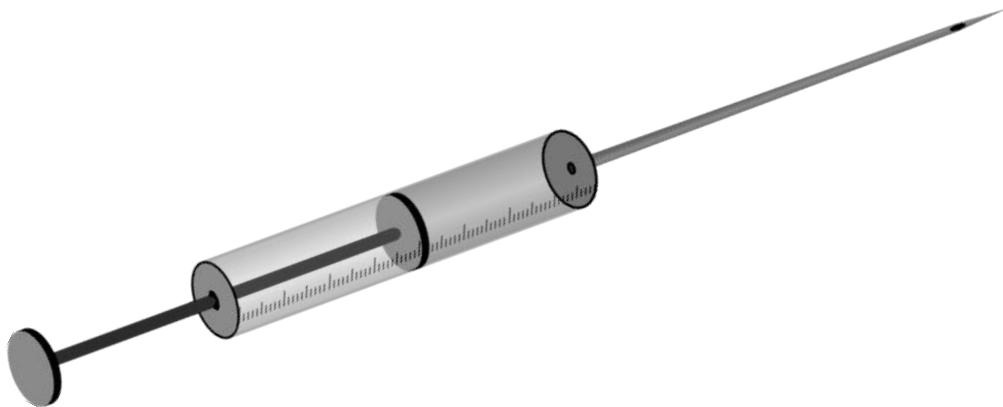
The doctor said, “Hmm. And did you wash them before eating them?”



Bello replied, “No.”

The doctor said, “Hmm” again.

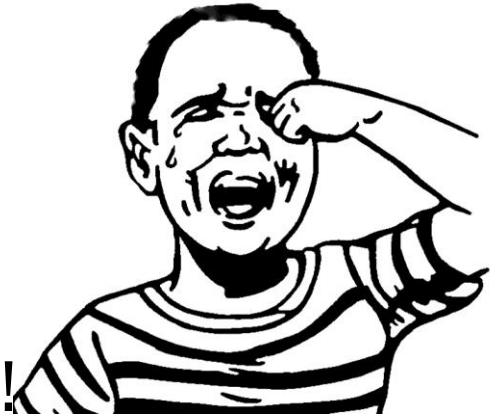
Bello was scared and asked, “Do I have to get an injection? I don't like injections!”



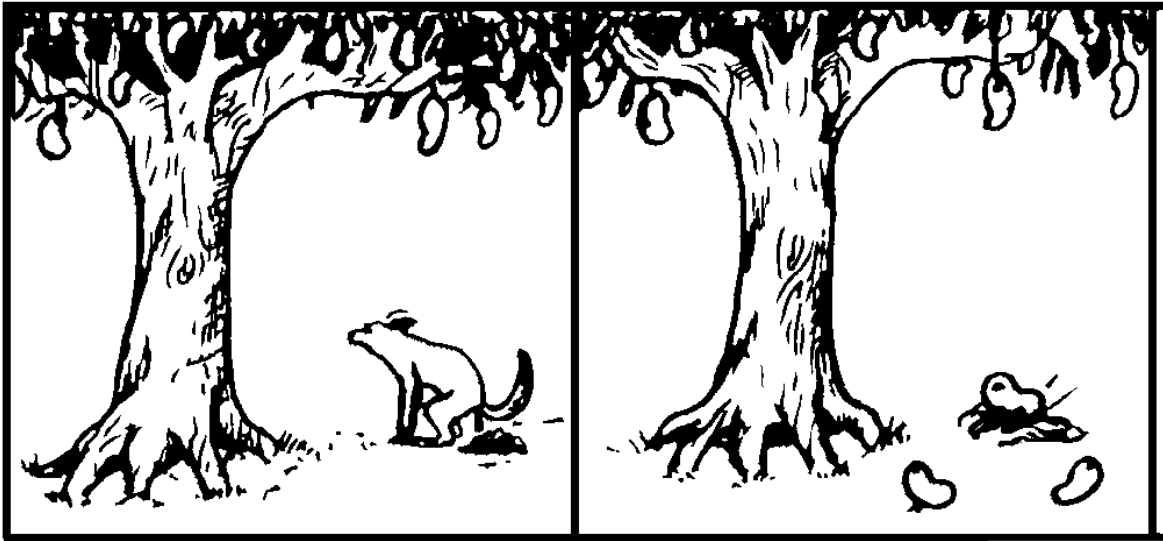
The doctor said, “No, you are going to be fine. But first you may have a little vomiting or diarrhea. If so, that is how your body will heal itself.”



Bello cried,
“I don’t want to vomit!
I don’t want diarrhea!
I don’t want a bellyache!
I never knew mangoes were so bad!”



“No, actually,” said the doctor,
“mangoes are good for you. They are
full of vitamins that make you healthy.”



“But,” continued the doctor, “mangoes also carry germs that you can’t see, so you always need to wash them before eating.”



“And most of all,” said the doctor,
“remember that even good things are
bad for us when we eat too many at
once!”

With that, the doctor sent them back
home.



Bello's belly hurt all night long, and sure enough, he vomited just before morning.



But then he felt much better!

His parents were happy to see their son healthy again.

His mother said, “I hope you will always remember this lesson: Wash before eating.”

His father said, “And I hope you will always remember this lesson: Self-control is better than greed.”

Bello said, “Thank you both for taking good care of me.”

Check Your Understanding!

1. What caused Bello's bellyache?
2. Why did Bello eat ten mangoes at once?
3. Why did Bello wake his parents in the middle of the night?
4. What did the doctor say would heal Bello?
5. What lessons did Bello learn in this story?

